

EL NACIONAL

LUNCH TIME BISTROT

Monday to Friday from 12h00 am to 2h00 but holidays

MENUS

Daily Special main course	15,00 €
Starter + Main course or Main course + Dessert	22,00 €
Main course + Wine Glass+ Dessert	27,00 €
Starter + Main + Dessert	29,00 €

STARTERS

7,00 €

- Daily Starter
- Spinach Fritters & garlic mayonnaise
- Spanish Ham « Croquetas » & Espelette paprika scented tomato sauce
- Marinated Vegetables Antipasti

MAIN COURSES

15,00 €

- Daily special, everyday different

Or

- Chargrilled El Nacional Argentine Angus rump steak, homemade french fries & green salad

Ou

- Daily fish

DESSERTS

7,00 €

- Goloso coffee (A light gourmand coffee)
- Rice Pudding
- Chocolat mousse
- Alfajores(A short bread pastry filled with special toffee from Argentina)

For the Allergic Product list, please ask staff

BANK CHEQUES ARE NOT ACCEPTED AT EL NACIONAL THANK YOU FOR YOUR COMPREHENSION
Restaurant EL NACIONAL - 23 bis rue Rode - 33000 Bordeaux - France - TEL : 0556792276 / FAX : 09 59 84 27 64 / info@elnacional.fr

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TO HAVE A DRINK BEFORE DINNER

WATER, SOFT DRINKS & FRUIT JUICE

Natural mineral water: Abatilles Still/Sparkling 50cl/1l	4,50 € / 5,50 €
Water & Syrup Teisseire : Lemon, Strawberry, Grenadine, Minth, Almond, Peach	3,00 €
Fruit juice Granini : Apricot, Ananas, Orange, Grapefruit, Apple, Tomato	4,00 €
Coca-Cola, Coca-Cola Zero, Fuzze Tea Peach, Lemonade Ogeu, Orangina, Perrier	5,00 €
Fever-Tree Tonic Water : Premium Indian, Mediterranean, Premium Ginger Beer	5,00 €

BEERS

Stella Artois Draught Half 34cl / Pinte 50cl	5,00 € / 9,50 €
Lefte Blonde Draught Half 34cl / Pinte 50cl	5,80 € / 10,00 €
Quilmes Bottled 34cl (Argentine)	6,00 €

APÉRITIFS

Ricard 2cl / Suze 6cl	5,50 €
Martini / Lillet / Léonce 6cl	7,50 €
Fernet Branca-Coca / Whisky - Coca	10,00 €
Kir, Kir Médocain / Kir Royal 12cl	7,50 € / 16,00 €
Liquoreux white wine Amalaya <i>Torrontes-Riesling</i> 10 cl	8,00 €
Liquoreux white wine Cafayate <i>Torrontes</i> 10 cl	8,00 €
Pineau de Château de Beaulon 2000 (vieilli en fûts de Château d'Yquem 2000) 6cl	14,00 €
Pineau rouge de Château de Beaulon 5 ans 6cl	11,00 €
Porto Tawny 10 ans Quinta do Noval 6cl	12,00 €
Porto LBV Quinto do Noval 6cl	15,90 €
Coupe de Champagne Ayala Brut Majeur 10cl	16,00 €

COCKTAILS


Américano / Negroni	12,00 €
Spritz / Saint-Germain Spritz	12,00 €
Moscow Mule, London Mule, Carribean Mule	12,00 €
Caïpis, Mojitos, Ti-Punch	12,00 €
Margarita	14,00 €

GIN (4cl) & TONIC FEVER-TREE

London Beefeater	11,00 €
Bombay Sapphire	12,00 €
Hendrick's / Tanqueray / Sorgin / The Botanist	14,00 €
Monkey 47 / Sorgin Yellow	16,00 €

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APPETIZERS - BITS & BITES - STARTERS

PARA PICAR (Picar = Nibbling snacking....)

Antipasti 	10,00 €
(Assorted marinated vegetables with mozzarella, almond stuffed olives, etc)	
Chacarero home-made Salami & 24 months Comte chees	12,00 €
Home-made Pâté en croute by « Los Salames de José Luis »	10,00 €
Cold meat platter	16,00 €
(spianatta, finocchiona, mortadelle, coppa et boudin noir)	
Jabugo 100% bellota Iberic Spanish cured Paletilla	24,00 €
Planche d'El Nacional (Antipasti, cold meats and many others to share)	26,00 €

Casual Snacking

Pimientos del Padrón (Green sweet panish peppers)	10,00 €
Beef Croquetas	12,00 €
Spanish Ham Croquetas	12,00 €
Spinach fritters & garlicky mayonnaise 	12,00 €
Empanadas Salteñas (Four small beef pies made in the same way that may elders did)	13,00 €
Zampone crocante (Pan seared boneless stuffed pigs trotters)	14,50 €
Tortilla de patatas to share (Traditional spanish potato omelette) 	16,00 €

« A LA PLANCHA » (SPECIALLY SELECTED PRODUCTS)

«Argentinian sausage», chimichurri & roasted red peppers	9,00 €
Provoleta (Chargrilled provolone cheese with origan & Espelette paprika) 	11,00 €
Chargrilled veal kidney	14,00 €
Mr. Christian Parra's Black pudding	14,00 €
Argentina King prawns with parsley and Garlic	10,00 €
Garlicky Calamari	18,00 €
Lemon scented chargrilled veal sweetbrads	28,00 €


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MAIN COURSES

HOMEMADE PASTA, RISOTTI & CIE

Alfredo sauce homemade fettuccine 	23,50 €
Ricotta & spinach ravioli whit Alla Puttanesca sauce (Tomato, olives, anchovies and caper sauce)	24,50 €
Mushrooms & Boletus Risotto, served with a parfait egg	26,00 €

FRESH FISH

Pan seared Codfish with leek custard and pil-pil style sauce	24,50 €
« A la plancha » Corvina fish & chargrilled vegetables	26,50 €

THE BRASSERIE

Home-made Pastrami y arugula salad & confit artichokes	18,50 €
Caesar salad « EL NACIONAL » with alla milanese scalope	21,00 €
Chargrilled Troyes Andouillette AAAAA and mashed potatoes	21,00 €
EL NACIONAL Parmentier Beef pie & salad	22,50 €
Argentinian beef Carpaccio, capers & rocket salad	24,00 €
Chargrilled veal kidney with garlic & parsley with mashed potatoes	26,00 €
Beef cheek's & soft pan seared polenta	26,50 €
Chargrilled home-made Duck confit with « TARBAIS » white beans	26,50 €
Black Angus beef Schnitzel from Argentina in three ways with fries & salad (the first: nature, the second: alla napolitana the third with a panseared egg)	29,00 €

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THE GRILL

A LA PARRILLA* MEATS

(A la Parrilla=CHARGRILLED LIKE AT HOME)

Chargrilled beef Onglet (Thick skirt steak)	32,00 €
Chargrilled Argentinian Black Angus breed skirt steak	26,00 €
Black Gascon's breed chargrilled pork chop	36,00 €
Chargrilled flat meat from Uruguayan Angus beef	36,00 €
Argentinian Black Angus breed chargrilled Bife de Chorizo (boneless thick sirloin steak of Argentinian Angus beef)	43,00 €
Argentinian Black Angus breed chargrilled « Ojo de bife » (boneless thick rib-eye steak of Argentinian Angus beef)	49,00 €
Black Gascon's breed chargrilled back fat (for two peoples)	72,00 €
Chargrilled bone-in rib eye « The EL NACIONAL'S classic one »(for two peoples)	92,00 €

DRY AGED BEEF SPECIAL SELECTION SOLD BY WEIGHT

15 Days Dry aged Bone in rib eye IGP Ecosse/price by kg	112,00 €
45 Days Dry aged Bone in Simmental breed rib eye/price by kg	120,00 €
65 Days Dry aged Bone in rib eye Chef's choice breed/price by kg	140,00 €

***All our meats are served with a choice of: fries, green salad or home-made mashed potatoes**

Chargrilled vegetables	5,50 €
Side orders (french fries, green salad or home-made mashed potatoes)	5,50 €

Beef provenance: U.E. -UK- France - Argentine and Uruguay.


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DESSERTS

Grandma's citrus scented rice pudding	8,00 €
Artisanals Ice-creams by La Compagnie des desserts (three parfums choice)	8,00 €
Chocolate Mousse (Valrhona chocolat Guanaja 70%)	8,00 €
Home made crème caramel custard with dulce de leche & whipped cream	9,00 €
Floating Island, vanilla custard & caramel sauce	9,00 €
Belle Hélène Pear	10,00 €
Spéculoos Tiramisú & Dulce de Leche	10,00 €
Walnut shortbread alfajores, with « Dulce de leche » filling (4 pièces)	10,00 €
Semifreddo Crocante (Home-made ice cream with caramelized almonds & chocolate bites)	10,00 €
Café Gourmand d' El Nacional	10,50 €
Irish Coffee, French or Caribbean Coffee	14,00 €
Cheese Platter (Comté, St. Nectaire, Camembert et St. Maure de Touraine)	18,50 €
OUR ALFAJORES ARE ALSO SERVED ON TAKE-AWAY ON SIX	15,00 €
OR ON TWELVE PIECES	28,00 €

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DIGESTIFS

RHUMS

Havana Club Especial (Cuba) / Havana Selección de Maestros (Cuba) 4cl	10,00 € / 14,00 €
Diplomático Reserva (Venezuela) / Ryoma (Japon) 4cl	13,00 €
Millonario 15 ans (Pérou) 4cl	13,00 €
Santa Teresa (Venezuela) / Bumbu / Moko / Ocumare Reversa 4cl	14,00 €
Botran Reserva (Guatemala) / Opthimus (République Dominicaine) 4cl	15,00 €
Centenario 20 ans (Costa Rica) 4cl	16,50 €
Mount Gay 4cl	19,80 €
Matusalem (République Dominicaine) 23 ans 4cl	21,00 €
Zacapa 23 ans « Solera » / Zacapa XO Gran Reserva Especial 4cl	18,50 € / 35,00 €

TEQUILAS & MEZCALS


José Cuervo 4cl	12,00 €
Don Julio Reposado 4cl	14,00 €
Patron Silver / Patron Reserva 4cl	14,00 € / 16,00€
Casamigos 4cl	17,00 €
Mezcal El Rey Zapoteco 4cl	14,00 €
Mezcal Los Javis Joven Salmiana 4cl	25,00 €

WHISKIES

Ballantines / Jack Daniel's 4cl	10,00 €
Glenlivet 15 ans 4cl	11,00 €
Akashi (Japon) 4cl	15,00 €
Jack Daniel's Single Barrel 4cl	15,00 €
Oban 14 ans / Balvenie Doublewood 12 ans 4cl	15,00 €
Moon Harbour Pier 1 ou 2 4cl	15,00 €
Bruichladdich Laddie Classic / Bruichladdich Port Charlotte 4cl	14,00 € / 16,00 €
Glenfiddich 12 ans / 21 ans 4cl	16,00 € / 21,00 €
La Alazana (Patagonia – Argentina)	36,00 €

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AFTER DINNER DRINKS

COGNAC, BAS ARMAGNAC

Cognac Château de Beaulon VSOP 4cl	14,00 €
Cognac Château de Beaulon XO 4cl	17,00 €
Cognac Château de Beaulon XO 1980 4cl	42,00 €
Cognac Tesseron Lot 76 XO 4cl	20,00 €
Cognac Tesseron Lot 53 XO 4cl	42,00 €
Cognac Tesseron Lot 29 XO 4cl	82,00 €
Cognac Delamain XO 4cl	18,00 €
Cognac Remy Martin « Louis XIII » Le cl	90,00 €
Bas Armagnac Darroze 12 ans 4cl	12,00 €
Bas Armagnac Darroze 95 Domaine 4cl	16,00 €
Bas Armagnac Darroze 92 Domaine 4cl	17,00 €
Bas Armagnac Darroze 90 Domaine 4cl	18,00 €
Bas Armagnac Darroze 89 Domaine 4cl	22,00 €
Bas Armagnac Darroze 87 Domaine 4cl	26,00 €
Bas Armagnac Laubade 1990 4 cl	22,00 €
Bas Armagnac Laubade 1980 4 cl	46,00 €

CALVADOS

Calvados Pays D'Auge 12 ans 4cl	14,00 €
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PORTO, PINEAU & EAUX DE VIE

Pineau Rouge 5 ans Château de Beaulon 6cl	11,00 €
Pineau de Château de Beaulon 2000 6cl	14,00 €
Porto Porto Tawny 10 ans Quinta do Noval 6cl	12,00 €
Porto LBV Quinta do Noval 6cl	15,90 €
Limoncello, Manzanita 6cl	7,00 €
Baileys, Get 27, Get 31, Menthe-Pastille 6cl	9,00 €
Poire Williams 4cl	13,00 €
Poire Williams Morand 4cl	17,00 €

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